

BASIC EMERGENCY SUPPLY KIT

Disasters can happen at any time.... start now collecting and storing essential items for your basic emergency supply kit including "Get 10" from the Alabama Department of Public Health and other recommended items. Place the supplies in water proof bags and store them in one or two easy-to-carry containers (plastic tubs, unused trash cans or duffel bags). Store your kit where it can be easily located by all family members. Check kits in the spring and fall to replace expired items such as food, drinks, batteries, wipes, and medicines.

- 1. Water**, one gallon per person, per day, including pets
- 2. Food** that does not have to be refrigerated, including pet supplies
- 3. Can Opener**, non-electric
- 4. Medication: Prescription & Non-Prescription** (fever/pain relievers, antacids, anti-diarrhea, etc.)
- 5. First Aid Kit**
- 6. Flashlights**, extra batteries
- 7. Radio**, portable, battery-powered radio or weather radio, extra batteries
- 8. Clothing**, shoes, socks
- 9. Personal Care Items** (toothbrush, toothpaste, soap, shampoo, feminine products, wipes, etc.)
- 10. Important Documents**
- Cash
- Chlorine bleach (pure, unscented)
- Matches and waterproof container
- Whistle, air horn, or other noisemaker
- Heavy-duty trash bags
- Basic kitchen accessories (plastic storage bags, paper plates, plastic utensils, etc.)
- Bathroom tissue, paper towels, facial tissue
- Waterproof coats, ponchos, boots, gloves
- Towels, blankets, sleeping bags, air mattresses, pillows
- Small repair kits (screwdriver, hammer, nails, duct tape, etc.)
- Pens, pencils, paper, tape, needles, thread, safety pins
- Plywood, nails, tape, plastic and other items to cover windows
- A reminder list of things to turn off, cover up, find and include; people to call; and plans for pets